

**South Melbourne Life Saving Club
Bronze Camp Timetable
29 September - 3 October**

THIS IS A DRAFT TIMETABLE

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday
8.45 9.00-10.45	Arrive at SMLSC 9.00-9.15 Introduction Tour of Club Books 9.15-10.45 Unit 6 Resuscitation	Arrive at Northcote Pool Preliminary Swims Unit 10 Introduction: Board Rescue Tube Rescue Tow's/Releases	Arrive at SMLSC Unit 8 Communications Signals	Arrive at SMLSC Unit 8 Signals Unit 4 Basic First Aid Prac Documentation	Arrive at SMLSC Go through workbook
Trainer:					
10.45-11.00 11.00-12.30	Morning Tea Unit 6 Resuscitation	Morning Tea Unit 10 Continue Board Rescue Tube Rescue Tow's/Releases	Morning Tea Unit 9 Radio	Morning Tea Unit 10 Rescues at Beach	Morning Tea Assess Multiple Choice Paper
Trainer:					
12.30-1.15 1.15-2.30	Lunch Unit 1 Safety and well being (mainly to be read) Plus sterile techniques (p16)	Lunch Unit 4 Basic First Aid	Lunch Unit 10 Rescues - on beach Unit 12 Patrols	Lunch Unit 5 First Aid*	Lunch Assess Swim Rescue Scenarios
Trainer:					
2.30-2.45 2.45-4.30	Afternoon tea Unit 8 Signals Surf Awareness, waves, rips Unit 11 Carries/supports	Afternoon tea Unit 4 Basic First Aid Unit 7 Oxygen	Afternoon tea Unit 12 Patrols	Afternoon tea Unit 5 First Aid*	Afternoon tea Assess First Aid Scenarios Carries Theory paper
Trainer:					

* Donates BM candidates only

Participants are asked to be at the club by 8.45am every day, Northcote Pool on Tuesday
Morning tea, lunch and afternoon tea will be provided